

Publication - metropolis

Issue - 2008/2

event

XPRESSION

TOKYO-BASED YOGAJAYA YOGA

school hosts a day of art, music, photography, food and other kinds of "Xpression" that reflect on our contemporary lifestyles.

Spectator Magazine editor Toshimitsu Aono will present insights from world travel by way of a discussion and slideshow, while Edward Clark (below), director of London-based dance company Tripsichore, will give a performance that draws on yoga as well as contemporary dance. Renowned Tokyo "food designers" will concoct healthy snacks throughout the day, and Kosuke Ono of NebuLavo will give workshops on how to save the forests by creating your own chopsticks. Also on the agenda: a fashion swap and presentation on "ethical fashion."

Ikejiri Institute of Design, Mar 2. See event listings for details. 📍

